



# LET'S GET MOVING THIS MAY

**JOIN THE DANCE MAYNIA CHALLENGE: 3RD MAY- 27TH MAY**

Take part in a 5 minute 'Mini Boost' of activity and colour in one of the circles, or take part in a 15 minute 'Boost' of activity and colour in 3!

SCHOOL

Year

CLASS

PUPIL ID/INITIALS



**Congratulations you have now completed your 250 minutes of Activity!**

To get your **BOOST BANDS** ask your teacher/parent to email/scan your scorecard to: [a.bird@active-together.org](mailto:a.bird@active-together.org)



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[www.dailyboost.org](http://www.dailyboost.org)

#LetsGetMoving